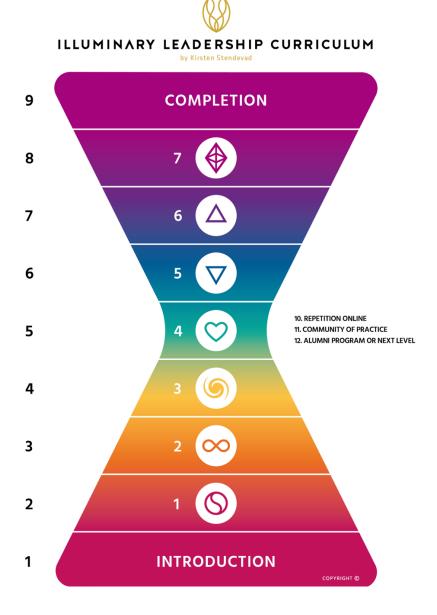


Upgrading leaders from 20th Century to 21st Century Paradigm



DETAILED CURRICULUM

Module 1 - Introduction to the Paradigm Shift.

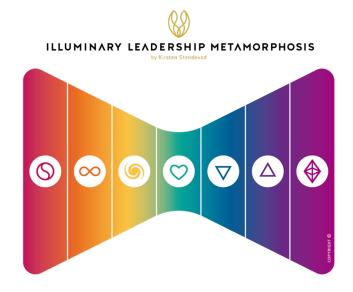
- We are at a choice point: Devolution or Evolution.
- Why the Future (and all of us) needs to be (more) Feminine to restore Wholeness
- The overall paradigm shift: from Ego/mind as OS to Essence/Heart as OS expanding your potential.

How does that look for individuals? For Organizations?

Leaders: from career to Calling Organization From pyramid to organism.

Everyone:

Find your Purpose so you can be the perfect piece for the larger puzzle. Be aware of difference between small self and Large self New Mindset – New Practises

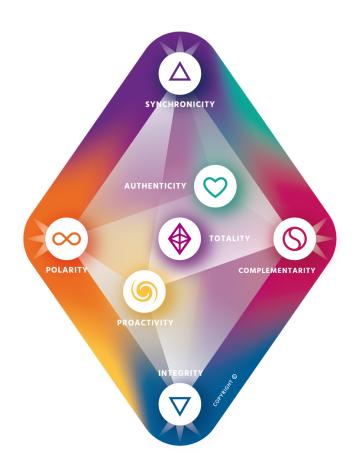


The shift from the former, outdated yang-dominated paradigm to the timely yin-oriented paradigm as a catalyst to the evolutionary destination of WHOLENESS consists of 7 leadership (R)Evolutions. These can be organized into a GPS for the new leadership, organized as a diamond.

The diamond is birthed out of extreme pressure.

Welcome crisis! The program polishes the inner diamond so everyone can shine and contribute to a bright future – for All.





The program takes participants through the transition between the old and the new paradigm, and trains the key aspects of every leadership (R)evolution:



THE 7 FACETS OF ILLUMINARY LEADERSHIP



WHOLISTIC LEADERSHIP















Leadership (R) Evolution 1: From Destructive to Regenerative via <u>Complementarity – Energizing Leadership</u>

From DESTRUCTIVE in the 20th Century paradigm of Onesided Either/Or

To REGENERATIVE in the 21th Century paradigm of Dynamic Both/And

- 3 key aspects of this Paradigm Shift:
- 1. Primordial Complementarity: From distorted to symbiotic
- 2. Anatomical Complementarity: From stress to sustainability
- 3. Neurological Complementarity: From exertion to creation

Result:

You become: a Dynamo You generate: Flow

You contribute to: Balance

MANTRA:

Don't deplete – energize

Leadership (R) Evolution 2: From favorism to egalitarian via <u>Polarity – Synergizing Leadership</u>

From FAVORISM

in the 20th Century paradigm of Patriarchy, Colonialism and Discrimination

To EGALITARIAN

in the 21th Century paradigm of Diversity, Inclusion and Mutuality

- 3 Key aspects of this Paradigm shift
- 1. Biological polarity: From biased to impartial
- **2.** Cultural polarity: From autopilot to awake
- **3. Archetypal polarity:** From wounded to mature

Result:

You become: Co-creative You generate: Collaboration You contribute to: Community

MANTRA:

Don't favorise – synergize

Leadership (R) Evolution 3: From Reactivity to Possibility via <u>Proactivity – Empowering Leadership</u>

From REACTIVITY in the 20th Century paradigm of top-down power and victimhood

To POSSIBILITY in the 21th Century paradigm of bottom-up power and value

- 3 Key aspects of this Paradigmshift:
- 1. Willingness: From reactive to responsive
- 2. Responsibility: From suffering to influencing
- 3. Constructiveness: From limiting to generating

Result:

You become: Confident You generate: Solutions

You contribute to: Transformation

MANTRA:

Don't sabotage – empower

Leadership (R) Evolution 4: From Conformity to Congruency via <u>Authenticity – True leadership</u>

From CONFORMITY in the 20th Century paradigm of Fear & Facade

To CONGRUENCY
In the 21st Century paradigm of Love & Connectedness

3 key aspects of the Paradigmshift:

Genuineness: From head to heart
 Originality: From copy to unique
 Courage: From career to calling

Result:

You become: Self-governed You generate: Benevolence You contribute to: Harmony

MANTRA

Don't pretend – be true

Leadership (R) Evolution 5: From Hypocracy to Dignity via Integrity – Reliable Leadership

From HYPOCRACY in the 20th Century paradigm of Illusion & Lies

To DIGNITY in the 21th Century paradigm of Truth & Accountability

3 key aspects of this Paradigm shift:

- 1. Transparence: From claiming to embodying
- 2. Consistency: From opportunistic to stable
- 3. Fairness: From suppressing to integrating

Result:

You become: a Rolemodel

You generate: Trust

You contribute to: Clarity

MANTRA:

Don't lie – be reliable

Leadership (R) Evolution 6: From Rational to Visionary via <u>Synchronicity</u> – <u>Inspiring Leadership</u>

From RATIONAL in the 20th Century paradigm of Reason & Linearity

To VISIONARY in the 21th Century paradigm of Intuition & Ingenuity

3 key aspects of the Paradigm shift:

Intuition: From lower mind to higher mind
 Presence: From repetition to sourcing
 Rebirth: From crisis to quantum leap

Result:

You become: Aware You generate: Innovation You contribute to: Evolution

MANTRA

Don't expire – inspire

Leadership (R) Evolution 7: From Separation to Unity via <u>Totality – Wholistic Leadership</u>

From SEPARATION in the 20th Century paradigm of Mind & Ego

to

To UNITY in the 21th Century paradigm of Essence & Soul

3 key aspects of this Paradigmshift:

1. Alignment: From fragmentation to fusion

2. Coherence: From separate to sum

3. Service: From consumption to contribution

Result:

You become: Fulfilled You generate: Wisdom

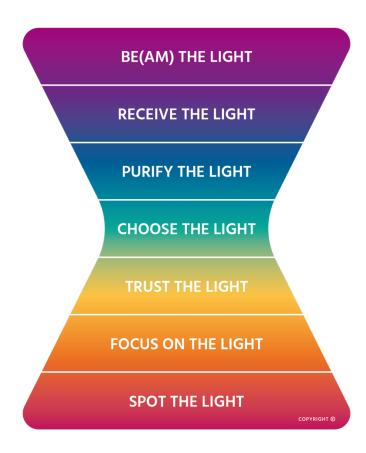
You contribute to: A World that works for All

MANTRA:

Don't separate – be Wholy

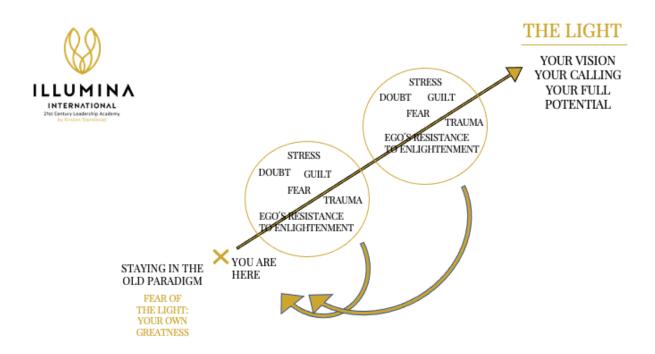
Summary, Completion ℰ Graduation





Why help is required:

- 1) We all have blind spots
- 2) Without support most lose focus in an overdistracted, busy daily life
 - 3) Without peers the process is too slow and tedious for most
 - 4) When we encounter what stops us, most give up if on our own
- 5) Almost no one has enough of the new tools required for the transformation
 - 6) It's difficult to keep up with new ideas, remedies and practises
 - 7) Many of the transformations involve subconscious patterns.



If you would like my help on how to go through this metamorphosis, please contact me: info@kirstenstendevad,com +4531326564



